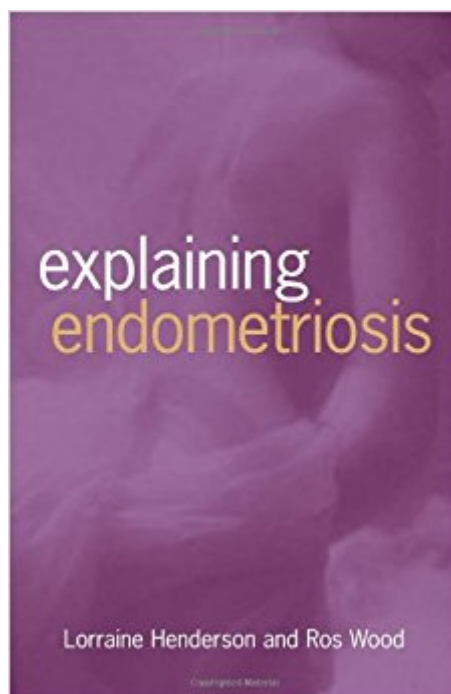


The book was found

Explaining Endometriosis



Synopsis

Women with endometriosis and the health professionals who treat them will benefit from the latest information about the possible causes, diagnosis, surgeries, and current treatment options for endometriosis. This handbook cuts through the complexity to offer simple advice that will enable women to make informed decisions about their condition and its implications. It collects comparisons of different hormonal and laser treatments; discusses the lifestyle factors that can improve overall health and well-being; covers new herbal medicine therapies; examines pain management medications; and looks at infertility and pregnancy issues related to the disease.

Book Information

Paperback: 192 pages

Publisher: Allen & Unwin; 2 edition (April 1, 2001)

Language: English

ISBN-10: 1865081337

ISBN-13: 978-1865081335

Product Dimensions: 5.5 x 0.6 x 8.5 inches

Shipping Weight: 12.3 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (4 customer reviews)

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Customer Reviews

When the Dr. told me she thought I had Endo, I went out and got a book to explain what endo was. This book is really wonderful, it is very easy to read and taught me a lot about what endo was and what the different ways to treat it are. I found this book to be really informative.

Endometriosis is the type of gynaecological disease that many women will only hear of when they are diagnosed with it. Some women will experience relatively few symptoms, others will be extremely unwell much of the time. For some women, though, the disease can impact on fertility. Ros Wood and Lorraine Henderson have written a great book (this is the second edition) which provides a wealth of information to both sufferers of the disease and their families and friends as well as to health carers. Back in 1980, when I had my first definitive diagnosis of this disease,

there was very little 'plain English' information available to sufferers. This book is amongst the best I have read on this topic. Highly recommended to all who either suffer from endometriosis or know someone who does. It would also make a useful inclusion on the bookshelves of groups concerned with women's health. Jennifer Cameron-Smith

brings attention to a common yet not well known problem for many women, I wish I would of known what was wrong with me before it got so bad

One of the most helpful books I read when I was diagnosed

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